



T.E.D. Times

AGEING BETTER IN EAST LINDSEY

www.tedineastlindsey.co.uk

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01529 301966

Newsletter – March/April 2020

Citizens Advice Drop-in Services

Looking for some impartial advice?

Free confidential advice is available on a wide range of issues including Benefits, Consumer rights, Debts, Housing and Employment. Citizens Advice East Lindsey will be holding a drop in service in the following areas:

Spilsby New Life Centre every Monday 10am-12pm

Mablethorpe Marisco Medical Centre every Wednesdays
9am-12pm

Horncastle Library every Thursdays 9.30am-12pm

Or call our confidential advice-line on 03000 3309 034 or visit online at www.citizensadvice.org.uk

citizens advice Lindsey

Do you fancy volunteering some of your time within the TED Programme to help people over 50 in East Lindsey?

You can volunteer in a range of settings from our Friendship Groups to our CHAPS men's sessions or our Age UK Lunch Clubs!

If you are interested, please contact 01529 301966 or email ted@communitylincs.com

New Fitness, Food and Friends Session – Magna Vitae

On Friday 6th March, a new Fitness, Food and Friends Session starts in Binbrook at the Queens Village Hall, Kirmond Road, Binbrook, Market Rasen, LN8 6DS. All of the 12 sessions are free to take part in!

For more information contact: Marko Humphrey on 07767664186 / 01507681826 or email

marko.humphrey@mvtlc.org


MAGNA VITAE
TRUST FOR LEISURE & CULTURE

TED MEN DO

Men Do is a Men Only project, aimed at carers aged over 50 and living in East Lindsey. This project is all about giving you the change to get out and have fun doing something you're interested in for FREE. For more information and to book your FREE place call: 0300 303 1555 or call Sarah on 07391 418586 or you can email: info@CarersFIRST.org.uk

- March 12th Comedy Night Embassy Theatre, Grande Parade, Skegness, PE25 2UG - 7pm
- March 21st Lincoln City v Coventry at Sincil Bank Football Stadium Transport provided, pick up times and places TBC - 3pm Kick off

CHAPS – Magna Vitae

A viewing of the 2020 Grand National will take place on Saturday 4th April at 5:15pm at the following locations, with refreshments provided:

- Barratt Court - Lyndhurst Avenue, Skegness.
- The Louth Hotel, Victoria Road Mablethorpe.
- Winthorpe Community Centre.

Chapel St Leonards Friendship Group

Come along to the meeting of the Chapel St Leonards Friendship Group on **Monday 9th March** from 2pm at **Chapel Garden Centre, Skegness Road, Skegness, PE24 5UB**. Anyone attending is also welcome to bring their dogs. This group usually meets the second Monday of the month.

Storehouse Friendship Group

Visit The Storehouse Friendship Group every **Tuesday 1pm–3pm** at **The Storehouse Café, North Parade, Skegness, PE25 1BY**. Refreshments available to purchase from the café.

Mablethorpe Friendship Group

Held at Peter Dyer Court, Seacroft Road, Mablethorpe, LN12 2DT, the next meeting will be on **Thursday 5th March**. This group meets once a fortnight and any new members are welcome to attend for a drink, cake and conversation.



The Over 50s Youth Club

Come along to the Ancaster Court **every Wednesday** from 2pm – 4pm.

The group offers tea/coffee and biscuits for just £1, along with entry into a raffle. For more information please call 01507 522328 or visit them at Ancaster Court, The Wong, Horncastle LN9 6HG

Time Out Friendship Group

Visit the Skegness Friendship Group at **The Central Café in Barrett Court, Lyndhurst Road, Skegness, PE25 2PQ**.

Every **Thursday** from **10am–12pm**, refreshments are available to purchase in the café.



Binbrook Friendship Group

Everyone is welcome join us for the monthly Community Coffee Morning (cake and cuppa for £1) at The Plough Pub, Binbrook, Market Rasen, LN8 6DE on **Friday 20th March**, between 10.30am and 12 o'clock. There is a paperback book exchange (no books to be left at pub after the event).

Contact Us:

We value your feedback. Please do let us know if you have any events or details of articles for inclusion in the next edition. If you would rather not receive information from TED please get in touch to let us know:

Call: 01529 301966, Email: ted@communitylincs.com, Post: TED, Community Lincs, Old Mart, Church Lane, Sleaford, NG34 7DF

Disclaimer – all dates included are correct on day of print.

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